

Week 2 Moatfield Campus

Winter 2019

Monday

Tuesday

Wednesday

Thursday

Friday

ENTRÉE

Rosemary Thyme Chicken
Lemon Potatoes
Greek Style Rice

Burger Studio

5oz Burger
Grilled Portobello
Cheddar Cheese
Veggie Burger
Sautéed Onions
Tomatoes
Kettle Chips

Hot & Sour Pineapple Pork
Polynesian Rice
Tropical Citrus Salad

Parmesan Chicken
Egg Noodles
Tomato Basil Sauce

Roast Beef Au Jus
Yorkshire Pudding
Minted Peas
Roast Potatoes

VEGETARIAN

Vegetarian Moussaka

Middle Eastern Samosas

Breaded Eggplant Parmesan
Egg Noodles

Malaysian Stir-Fry

SECOND OPTION

Pork Souvlaki
Lemon Potatoes
Greek Style Rice

Fettuccini Alfredo
Garlic Twists

Polynesian Drummies
Rice
Tropical Citrus Salad

Breaded Eggplant
Parmesan
Egg Noodles

Bow Tie Pasta
Tomato Basil Sauce
Garlic/Cheese Sticks

DESSERTS

Fresh Cut Fruit

Apple slices with Caramel

Chocolate Mousse

Fresh Cut Fruit

Frozen Yogurt