



BAYVIEW GLEN DUNCAN MILL CAMPUS WINTER MENU 2021



CLASS BG - Grade 1	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Chicken Breast Tenders Baked Sweet Potatoes Cool Cucumber Coins	Baked Salmon Fillet Steamed Sticky Rice Edamame	Roasted Turkey Breasts Crushed New Potatoes Crisp Bean with Sea Salt	Whole Wheat Fusilli Cheddar Bechamel Sauce Marinara Sauce Peas & Carrots	Chicken Breast Strips Shanghai Noodles Steamed Bok Choy
WEEK 2	Baked Chicken Schnitzel Broad Egg Noodles Steamed Heiloom Carrots	Meatball w/ Teriyaki Sauce Steamed Whole Grain Rice Gai Lan in Garlic Sauce	Oven-baked Pollock Fillets Crispy Tater Tots Petit Pois with Sea Salt	Baked Chicken Breasts Steamed Jasmine Rice Cucumber Coins	Farfalle Pasta Marinara Sauce W/Wheat Garlic Toast Steamed Broccoli
WEEK 3	Individual Cheese Pizza Cool Cucumber	Seasoned Boneless chicken Steamed Basmatii Rice Petit Pois with Sea Salt	Whole Wheat Rotini Pasta Pomodoro sauce Cheese Breadstick Vegetable Medley	Cod Nuggets Oven Baked Steak Fries Crisp Bean	Garlic Ginger Beef Chow Mein Noodles Steamed Broccoli
DESSERT	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Frozen Yogurt BG2-Gr.1

NOTE: Milk and water are provided with every lunch

During every lunch period, each preschool to grade 1 classroom gets a second option with a plate of cucumber & crudite, cold cut turkey, assorted breads, sliced cheese and cream of

Vegetables and Fruits

Grain Products

Milk and Alternatives

Meat and Alternatives