



MOATFIELD CAMPUS WINTER MENU 2021



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 1	Main Entrées	Coconut Crusted Tilapia Coconut & Black Bean Rice Steamed Broccoli	Crispy Chicken Bao Asian Slaw, Spicy Mayo, Hoisin BBQ Sauce & Fresh Herbs Honey & Herb Roasted Carrots	Spaghetti & Meatballs Marinara Sauce Garlic Green Beans Garlic & Cheese Bread	Tandoori Chicken Veg Biryani Roasted Cauliflower Naan Bread	Cheese or Pepperoni Pizza Kale Caesar Salad Cacio e Pepe Roasted Zucchini Rounds
	Alternative	Bagel & Cream Cheese Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Egg Salad Sandwich Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Crispy Chicken Wrap Crudité & Dip
	Dessert *	Fudgy Brownie	Banana Oat Bar	Ice Cream Sandwich	Rice Crispy Square	Cookie
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 2	Main Entrées	Rigatoni Bolognese Grilled Broccolini Garlic Bread	Cod 'Po Boy Sandwich Louisianan Style Rémooulade, Shredded Lettuce, Tomato Sweet Potato Puffs Pickle Spears	Jerk Style Chicken Rice n' Peas Carrots & Green Peas Roasted Plantains	Sausage & Pierogis 3 Cheese Pierogis Braised Cabbage Herb Roasted Root Veg Sour Cream, Caramelized Onions & Bacon	Chicken Pot Pie Steamed Green Beans Glazed Corn
	Alternative	Bagel & Cream Cheese Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Egg Salad Sandwich Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Crispy Chicken Wrap Crudité & Dip
	Dessert *	Fudgy Brownie	Banana Oat Bar	Ice Cream Sandwich	Rice Crispy Square	Cookie
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 3	Main Entrées	Chicken Parmesan Root Vegetable Fries Steamed Broccoli	Meatloaf Garlic Mashed Potato Glazed Green Peas Gravy	General Tso Chicken Sticky Rice Steamed Baby Bok Choy	Lemon Pepper Cod Herb Roasted Baby Potatoes Steamed Green Beans Hollandaise Sauce	Shawarma Seasoned Chicken Harissa Roasted Eggplant Purple Cabbage Salad Golden Rice Whole Wheat Pita
	Alternative	Bagel & Cream Cheese Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Egg Salad Sandwich Crudité & Dip	Turkey & Cheese Wrap Pasta Salad	Crispy Chicken Wrap Crudité & Dip
	Dessert *	Fudgy Brownie	Banana Oat Bar	Ice Cream Sandwich	Rice Crispy Square	Cookie

* Fresh fruit is always available