



MOATFIELD CAMPUS WINTER MENU 2021



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 1	Main Entrées	Coconut Crusted Tilapia Coconut & Black Bean Rice Steamed Broccoli	Crispy Chicken Bao Asian Slaw, Spicy Mayo, Hoisin BBQ Sauce & Fresh Herbs Honey & Herb Roasted Carrots	Spaghetti & Meatballs Marinara Sauce Garlic Green Beans Garlic & Cheese Bread	Tandoori Chicken Veg Biryani Roasted Cauliflower Naan Bread	Cheese or Pepperoni Pizza Kale Caesar Salad Cacio e Pepe Roasted Zucchini Rounds
	Staff Option	Kimchi Tempeh Bowl	Miso Salmon Bowl	Fall Chicken Bowl	Roasted Chickpea Bowl	Mediterranean Chicken Bowl
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 2	Main Entrées	Rigatoni Bolognese Grilled Broccolini Garlic Bread	Cod 'Po Boy Sandwich Louisianan Style Rémolade, Shredded Lettuce, Tomato Sweet Potato Puffs Pickle Spears	Jerk Style Chicken Rice n' Peas Carrots & Green Peas Roasted Plantains	Sausage & Pierogis 3 Cheese Pierogis Braised Cabbage Herb Roasted Root Veg Sour Cream, Caramelized Onions & Bacon	Chicken Pot Pie Steamed Green Beans Glazed Corn
	Staff Option	Middle Eastern Bowl	Chicken Caesar Bowl	Fiesta Bowl	Teriyaki Chicken Bowl	Citrus Salmon Bowl
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W E E K 3	Main Entrées	Chicken Parmesan Root Vegetable Fries Steamed Broccoli	Meatloaf Garlic Mashed Potato Glazed Green Peas Gravy	General Tso Chicken Sticky Rice Steamed Baby Bok Choy	Lemon Pepper Cod Herb Roasted Baby Potatoes Steamed Green Beans Hollandaise Sauce	Shawarma Seasoned Chicken Harissa Roasted Eggplant Purple Cabbage Salad Golden Rice Whole Wheat Pita
	Staff Option	Chef Salad Bowl	Pesto Chicken Bowl	Spicy Salmon Bowl	Chicken BLAT Bowl	Miso Tofu Bowl

* Fresh fruit is always available