

25 August 2022

Bayview Glen
85 Moatfield Dr,
Toronto, ON M3B 3L6

We are committed to offering a high quality, fresh, delicious meal options that meet the needs of the Bayview Glen community. A registered dietitian is a trained food and nutrition expert licensed to provide evidence-based nutrition advice to support individuals and communities in meeting their nutrition needs. Bayview Glen menus at Moatfield and Duncan Mills campuses have been dietitian reviewed and approved based on the following criteria:

- Nutritional quality based on Canada's Food Guide principles
- Variety of ingredients and healthful cooking methods
- Balanced and colourful meals
- Incorporating local and seasonal ingredients in scratch home-style cooking, as much as possible
- Options that align with community needs, including vegetarian, vegan, no gluten, no dairy and nutritious kid-friendly options

All offerings have been discussed with the dining services team and are included on the menu to meet the needs of the Bayview Glen community.

cc. Lisa Botelho, Regional Manager

Sincerely,

A handwritten signature in blue ink that reads "Clare Barker".

Clare Barker
Registered Dietitian
Registration #15830