



BAYVIEW GLEN DUNCAN MILL CAMPUS PRESCHOOL **SPRING MENU 2023**



CLASS BG	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Flaxseed Chicken Tenders Homestyle Potato Wedges Petit Pois	Baked Beef Meatballs Broad Egg Noodles Steamed Heirloom Carrots Parmesan Cheese	Dina's Soy-Glazed Chicken Steamed Jasmine Rice Edamame	Whole Wheat Penne Pasta Tomato Sauce Cheesy Breadsticks Steamed Broccoli Florets Parmesan Cheese	Mini Beef Sliders Homestyle Potato Coins Vegetable Crudites
WEEK 2	Personalized Five Cheese Pizza Choice of Toppings Cool Cucumber Coins	Chicken w/ Butter Sauce Steamed Basmati Rice Roasted Green Beans	Whole Grain Spaghetti Pasta Basil Tomato Sauce Whole Wheat Garlic Toast Steamed Vegetable Medley	Baked Haddock Fillets Dina's Tartar Sauce Roasted Potato & Sweet Corn	Pineapple Chicken Breasts Lo-Mein Noodles Chop Suey Vegetables
WEEK 3	Fire-Grilled Chicken Dina's Tzatziki Sauce Crispy Roast Potatoes Mediterranean Vegetables	Shaved Beef Stir-Fry Steamed Sticky Rice Baby Bok Choy	Whole Wheat Macaroni Basil Tomato Steamed Broccoli Florets Parmesan Cheese	Lemon Pepper Cod Dina's Tartar Sauce Potato Wedges & Petit Pois	Lean Turkey Bolognese Gemelli Pasta Steamed Heirloom Carrots Parmesan Cheese
DESSERT	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Fresh Cut Fruits BG2-Gr.1	Frozen Yogurt BG2-Gr.1

NOTE: Milk and water are provided with every lunch

During every lunch period, each preschool classroom gets a second option with a plate of cucumber & crudite, cold cut turkey, assorted breads, sliced cheese and cream cheese

Vegetables and Fruits

Grain Products

Milk and Alternatives

Meat and Alternatives