

BAYVIEW GLEN BG/JK/SK/Gr.1 MENU

1 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Vanilla Yogurt, Cheerios Parfait with Strawberries	Corn Flake Cereal Slices Apple	Fresh cubed cantaloup Plain Rice Cakes with cream cheese	Bagel and Cream Cheese Bananas	Cubed Cheddar Cheese rice cracker
SALAD/ CRUDITE/ SOUP	Japanese Citrus and Green Bean Salad Pepper Sticks Homemade Hummus	Chili Con Carne Sliced Cucumber Medallions Ranch Dressing	Caesar Salad Broccoli Bites Homemade Hummus	Beets and Fetta Salad Lemon Olive Oil Dressing Sliced Cucumber Medallions Ranch Dressing	Chickpea and Quinoa Salad Blanched Carrots Homemade Hummus
BEVERAGE	2% Milk	2% Milk	2% Milk	2% Milk	Chocolate Milk
ENTRÉE	Turkey Meat Balls	Chicken Schnitzel	Turkey Bologness	Beef Bourguignon	Mini Whole Wheat Bagel Cheese Pizza
	Teriyaki Sauce	Herbed Roasted Potato	Penne	Creamy Mashed Potato	Potato Bite
	Basmati Rice	Roasted Cauliflower	Garlic Cheese Stick	Steamed Peas	Steamed Broccoli
	Braised Bokchoy	Plum sauce			
VEGETARIAN ENTRÉE	Roasted Marinated Tofu	Vegetable Patty	Lentil Mushroom Bologness	Ratatouille Stew with Cannellini Beans	Mini Whole Wheat Bagel Cheese Pizza
	Teryaki Sauce	Herbed Roasted Potato	Penne	Creamy Mashed Potato	Potato Bites
	Basmati Rice	Roasted Cauliflower	Garlic Cheese Stick	Steamed Peas	Steamed Broccoli
	Braised Bokchoy	Garlic Aioli			
ALLERGEN	Turkey Meat Balls	Grilled Butterfly Chicken Breast	Turkey Bologness	Beef Bourguignon	Mini GF Bagel Vegan Cheese Pizza
	Basmati Rice	Herbed Roasted Potato	Penne	Mashed Potato	Potato Bites
	Braised Bokchoy	Roasted Cauliflower	GF Bread	Steamed Peas	Steamed Broccoli
		Garlic Aioli			
SANDWICHES (CUT INTO 4)	Trio Cheese Sandwich Pretzel Bun	Egg Salad Sandwich on Whole Wheat	Grilled Chicken Pinwheel	Roast Beef and Swiss Sandwich	Grilled Chicken Pinwheel
SWEET	Peach Slices	Fresh Cut Honeydew	Sliced Orange	Pineapple	Fruit Salad (Pineapple, Honeydew, Watermelon)
2ND SNACK	Light Cream Cheese Plain Bagel Bananas	Granola and vanilla yogurt	Blueberry Loaf Strawberry Yogurt	Sliced Apple Marble Cheese Sticks	Cottage Cheese Sliced Pears
3RD SNACK	Fruit Salad (Pineapple, Honeydew, Pear)	Peach Yogurt	Diced Watermelon	Cubed Cantaloup /Mini Croissant	Corn Bread/ orange wedges

Note:

JKSK Lunch will be delivered to classroom

All JKSK lunch includes Main Course, sandwiches cut into 4, dessert, milk, vegetable and salad

All snack will be delivered to classroom as well

BAYVIEW GLEN BG/JK/SK/Gr.1 MENU					
2 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Mango Yogurt Fruit Salad (Pineapple, Honeydew, Pear)	Protein Cereal with Milk Bananas	Banana Bread Strawberry and Spinach Smoothie (with Dairy)	Cream Cheese and Rice Cake Pear Quarters	Fruit Salad (Pineapple, Honeydew, Pear) Cottage Cheese
SALAD/ CRUDITE/ SOUP	Honey Mayo Broccoli Salad Cauliflower Florets Homemade Hummus	Greek Salad Cooked Sweet Potato Sticks Ranch Dressing	Minestrone Cooked Carrots Homemade Hummus	Sweet Potato Salad Sliced Cucumber Medallions Ranch Dressing	Bean Salad Pepper Sticks Homemade Hummus
BEVERAGE	2% Milk	2% Milk	2% Milk	2% Milk	Chocolate Milk
ENTRÉE	Classic Turkey Quesadilla	Chicken Souvlaki Bowl with Homemade Tzatziki	Beef Lasagna	Butter Chicken	Perogies and Caramelized onion
	Corn Tortilla Chips	Lemon Rice	Garlic Cheese Stick	Basmati Rice	Bacon Bits
	Buttered Corn	Glazed Carrot Round	Steamed Broccoli	Roasted Cauliflower	Roasted Vegetable
	Salsa, Sour Cream	Warm Pita Bread			
VEGETARIAN ENTRÉE	Bean and Cheese Quesadilla	Falafels with Hummus	Spinach and Ricotta Lasagna	Chickpea Curry	Perogies and Caramelized Onion
	Corn Tortilla chips	Lemon Rice	Garlic Cheese Stick	Basmati Rice	Roasted Vegetable
	Buttered Corn	Glazed Carrot Round	Steamed Broccoli	Roasted Cauliflower	
	Lettuce, Salsa, Sour Cream	Warm Pita Bread			
ALLERGEN	Classic Turkey Quesadilla	Chicken Souvlaki	Beef Bologness	Marinated Chicken Thigh	Beef Meatball and Caramelized Onion
	Corn Tortilla	Lemon Rice	Marinara Sauce	Basmati Rice	GF Bun
	Steamed Corn	GF Pita Bread	GF Pasta	Roasted Cauliflower	Roasted Vegetable
	Salsa Sour Cream	Glazed Carrot Round	Steamed Broccoli		
SANDWICHES (CUT INTO 4)	Turkey Club Sandwich on Whole wheat Toast	Tomato Grilled Cheese Bite	Roast Beef and Cheese	Wow Butter and Jelly on Whole Wheat Toast	Southern Grilled Chicken on wholewheat wrap
SWEET	Peach Quarters	Apple Wedges	Fruit Salad (Pineapple, Honeydew, Pear)	Cubed Watermelon	Orange Wedges
2ND SNACK	Strawberry Cherrio	Sliced Pineapple Nut Free Energy Bites	Vanilla Yogurt Rice Krispies	Granola Bar Mandarin Oranges	Ice cream Sorbet Pineapple
3RD SNACK	Granola Bar/ Watermelon	Rice Cakes Vanilla Greek Yogurt	Sliced Oranges/ blue berry muffin	Marble Cheese/ cracker	Cranberry and Apple Loaf/ Peach

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BAYVIEW GLEN BG/JK/SK/Gr.1 MENU					
3 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Fresh Cantaloupe Vanilla Yogurt	Toasted English Muffins Cottage Cheese	Marble Cheese Ritz Crackers	Whole Grain Toast with Strawberry Jam Apple Slices	Rice Krispies with Milk Cherry Yogurt
SALAD/ CRUDITE/ SOUP	Egg Dropped Soup with Corn and Cilantro Pepper Stick Homemade Hummus	Caesar Salad Sliced Cucumber Medallions Ranch Dressing	Fresh Cucumber Salad- Mint Dressing Cooked Sweet Potato Sticks Homemade Hummus	Rotini pasta Salad Sliced Cucumber Medallions Ranch Dressing	Mediterranean Chickpea Salad Blanched Carrot Tzatzitki
BEVERAGE	2% Milk	2% Milk	2% Milk	2% Milk	Chocolate Milk
ENTRÉE	Korean Beef Bulgogi	Baked Boneless Chicken Cacciatore	Breakfast for Lunch	Grilled Cheese Sandwich	Lemon Herb Garlic Chicken Thighs
	Steamed Rice	Penne Pasta	Scrambled Egg	Oven Baked Fries	Herb Butter Orzo
	Steamed Broccoli and Carrot	Marinara Sauce	Turkey Breakfast Sausage	Steamed Broccoli	Roasted Vegetable Medley
		Balsamic Roasted Vegetable	Hashbrown		
VEGETARIAN ENTRÉE	Korean Tofu Bulgogi	Vegetarian Balls	Breakfast for Lunch	Grilled Cheese Sandwich	Lemon Herb Garlic Zucchini and Chickpea
	Steamed Rice	Peene Pasta	Tofu Scramble	Oven Baked Fries	Herb Butter Orzo
	Steamed Broccoli and Carrot	Marinara Sauce	BTM Breakfast Sausage	Steamed Broccoli	Roasted Vegetable Medley
		Balsamic Roasted Vegetable	Hashbrown		
ALLERGEN	Stir- fried Beef	Baked Boneless Chicken Cacciatore	Breakfast for Lunch	GF Grilled Cheese Sandwich	Lemon Herb Garlic Chicken Thighs
	Steamed Rice	GF Pasta	Scrambled Egg	Oven Baked Fries	Steamed Rice
	Steamed Broccoli and Carrot	Marinara Sauce	Turkey Breakfast Sausage	Steamed Broccoli	Roasted Vegetable Medley
		Balsamic Roasted Vegetable	Hashbrown		
SANDWICHES (CUT INTO 4)	Turkey Club Sandwhich on baguette	Wow Butter and Jelly on Whole Wheat Toast	Southern Chicken on Whole Wheat Wrap	Roast Beef and Swiss Cheese on Pretzel	Ham and Cheese Sandwich on Texas White
SWEET	Peach and Pineapple	Cubed Honeydew	Tangerine Segments	Cubed Watermelon	Fresh Cantaloupe
2ND SNACK	Cubed Watermelon Pretzel Sticks	Fruit Salad (Pineapple, Honeydew, Pear) Marble Cheese Cubes	Chex Cereal, Cottage Cheese Banana	Banana Loaf Apple Slices	Mini Chocolate Chip Muffin Green Grapes
3RD SNACK	Granola Bar/ sliced Pear	Orange Wedges/ carrot muffin	Sliced Apple and Cherry Yogurt	Cubed Cheddar Cheese Cracker	Mango Coconut Smoothie/ waffle

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BAYVIEW GLEN BG/JK/SK/Gr.1 MENU					
4 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Bananas Blueberry Yogurt	Corn Flakes and Milk Peaches	Cubed Cantaloup French Toast Sticks	Bagel Bites and Cream Cheese Cube honey dew	Fruit Salad (Pineapple, Honeydew, Pear) Mini Blueberry Muffins
SALAD/ CRUDITE/ SOUP	South West Salad Steam peas Homemade Hummus	Tabouleh Salad Sliced Cucumber Medallions Ranch Dressing	Chicken Noodle Blanched Green Beans Homemade Hummus	Mediterranean Salad Pepper Sticks Ranch Dressing	Mexican Chopped Salad Blanched Carrots Homemade Hummus
BEVERAGE	2% Milk	2% Milk	2% Milk	2% Milk	Chocolate Milk
ENTRÉE	Beef Burger	Chicken Shawarma with Hummus/ Yogurt Sauce	BBQ Chicken Thigh Texas Style	Beef Mac and Cheese	Pre-wrapped Chicken Fajita
	Baked Potato Wedges	Steamed Rice	Creamy Mashed Potato	Garlic Cheese Stick	Saute Onion and Pepper
	Coleslaw	Roasted Cauliflower	Glazed Carrot	Steamed Broccoli	Corn Tortilla Chips
	Lettuce, Tomato, Cheese	Warm Pita Bread			
VEGETARIAN ENTRÉE	Black Bean Burger	Lentils and Tomato	BBQ Cauliflower and Chickpea	Mac and Cheese	Bean and Cheese Quesadilla
	Baked Potato Wedges	Steamed Rice	Creamy Mashed Potato	Garlic Cheese Stick	Saute Onion and Pepper
	Coleslaw	Roasted Cauliflower	Glazed Carrot	Steamed Broccoli	Corn Tortilla Chips
	Lettuce, Tomato, Cheese	Warm Pita Bread			
ALLERGEN	Beef Burger	Chicken Shawarma with Hummus	Grilled Chicken	GF Penne	Chicken Fajita
	GF Buns	Steamed Rice	Mashed Potato	Marinara Sauce	Corn Tortilla Chips
	Baked Potato Wedges	GF Pita Bread	Glazed Carrot	Steamed Broccoli	Saute Onion and Pepper
	Coleslaw with Vinaigrette	Roasted Cauliflower			
SANDWICHES (CUT INTO 4)	Chicken Club Sandwich on Pretzel	Egg Salad/ Lettuce and Hummus on Wholewheat Wraps	Trio Cheese Sandwich on Texas Bread	Southern Chicken on Whole Wheat Wrap	Grilled Vegetable and Provolone Cheese on Panini
SWEET	Pineapple	Fruit Salad (Pineapple, Honeydew, Pear)	Tangerine Segments	Sliced apple	Fresh Cantaloupe
2ND SNACK	Corn Bread Apple Sauce	Granola Bar Vanilla Yogurt	Fruit Salad (Pineapple, Honeydew, Pear) Marble Cheese Strings	Cranberry Loaf Apple Sauce	Nut Free Energy Bites Vanilla Yogurt
3RD SNACK	Granola Bar/ cottage cheese	Cream Cheese and Rice Cake	Fresh Pineapple/ Vanilla yogurt	Cheddar Cheese/ cracker	Strawberry Smoothie/ waffle

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