

BAYVIEW GLEN LOWER SCHOOL MENU						
1 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>MORNING SNACK</b>	Vanilla Yogurt, Cheerios Parfait with Strawberries	Corn Flake Cereal Slices Apple	Fresh cubed cantaloup Plain Rice Cakes with cream cheese	Bagel and Cream Cheese Bananas	Cubed Cheddar Cheese rice cracker	
<b>SALAD BAR</b>	Japanese Citrus and Green Bean Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Compound Salad 1 Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Caesar Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Beet and Feta Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Chickpea and Quinoa Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	
<b>BEVERAGE</b>	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	Chocolate Milk 237ml	
<b>SOUP</b>	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	
<b>ENTRÉE</b>	<b>Turkey Meat Balls</b> Teriyaki Sauce Basmati Rice Braised Bokchoy	<b>Chicken Schnitzel</b> Herbed Roasted Potato Roasted Cauliflower Plum sauce	<b>Turkey Bologness</b> Penne Garlic Cheese Stick	<b>Beef Bourguignon</b> Creamy Mashed Potato Steamed Peas	<b>Mini Whole Wheat Bagel Cheese Pizza</b> Potato Bite Steamed Broccoli	
<b>VEGETARIAN ENTRÉE</b>	<b>Roasted Marinated Tofu</b> Teriyaki Sauce Basmati Rice Braised Bokchoy	<b>Vegetable Patty</b> Herbed Roasted Potato Roasted Cauliflower Garlic Aioli	<b>Lentil Mushroom Bologness</b> Penne Garlic Bread	<b>Ratatouille Stew with Cannellini Beans</b> Creamy Mashed Potato Steamed Peas	<b>Mini Whole Wheat Bagel Cheese Pizza</b> Potato Bite Steamed Broccoli	
<b>ALLERGEN</b>	<b>Turkey Meat Balls</b> Basmati Rice Braised Bokchoy	<b>Grilled Butterfly Chicken Breast</b> Herbed Roasted Potato Roasted Cauliflower Garlic Aioli	<b>Turkey Bologness</b> GF Pasta	<b>Beef Bourguignon</b> Mashed Potato Steamed Peas	<b>Mini GF Bagel Vegan Cheese Pizza</b> Potato Bite Steamed Broccoli	
<b>DELI BAR BUILD YOUR OWN SANDWICH</b>	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	
<b>SWEET</b>	Peach Slices	Fresh Cut Honeydew	Sliced Orange	Pineapple	Chocolate Chip cookies	
<b>2ND SNACK</b>	Light Cream Cheese Plain Bagel Bananas	Granola and vanilla yogurt	Blueberry Loaf Strawberry Yogurt	Sliced Apple Marble Cheese Sticks	Cottage Cheese Sliced Pears	
<b>3RD SNACK</b>	Fruit Salad (Pineapple, Honeydew, Pear)	Peach Yogurt	Diced Watermelon	Cubed Cantaloup /Mini Croissant	Corn Bread/ orange wedges	

**NOTE**

- 1) Keep sauce separate instead of pre-mixed
- 2) Whole wheat wraps and bread for sandwiches and wraps
- 3) We'll offer a homemade dessert every Friday, as a little bit of sweet is okay for this age group and will create excitement among kids and encourage them to eat from dining hall  
**Sweets ideas for Friday dessert, Raspberries squares, oatmeal cookies, blueberries cupcakes or some healthier brownie version**  
Serving team will try to encourage kids to create a balanced plate following Canada's Food Guide which is half plate fruits and vegetables, quarter cereal and quarter protein.
- 4) For pasta, bread and dairy, alternatives will be made available for allergies and intolerances
- 5) We'll offer homemade fresh smoothies, yoghurt parfaits and other healthy fun snacks from time to time during snack time as these are popular and are great source of nutrients

BAYVIEW GLEN LOWER SCHOOL MENU					
2 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Mango Yogurt Fruit Salad (Pineapple, Honeydew, Pear)	Protein Cereal with Milk Bananas	Banana Bread Strawberry and Spinach Smoothie ( with Dairy)	Cream Cheese and Rice Cake Pear Quarters	Fruit Salad (Pineapple, Honeydew, Pear) Cottage Cheese
<b>SALAD BAR</b>	Honey Mayo Broccoli Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Greek Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Compound Salad 1 Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Sweet Potato Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Bean Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil
<b>BEVERAGE</b>	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	Chocolate Milk 237ml
<b>SOUP</b>	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2
<b>ENTRÉE</b>	<b>Classic Turkey Quesadilla</b> Corn Tortilla Chips Buttered Corn Salsa, Sour Cream	<b>Chicken Souvlaki Bowl with Homemade Tzatziki</b> Lemon Rice Glazed Carrot Round Warm Pita Bread	<b>Beef Lasagna</b> Garlic Cheese Stick Steamed Broccoli	<b>Butter Chicken</b> Basmati Rice Roasted Cauliflower	<b>Perogies and Caramelized onion</b> Bacon Bits Roasted Vegetable
<b>VEGETARIAN ENTRÉE</b>	<b>Bean and Cheese Quesadilla</b> Corn Tortilla chips Buttered Corn Lettuce, Salsa, Sour Cream	<b>Falafels with Hummus</b> Lemon Rice Glazed Carrot Round Warm Pita Bread	<b>Spinach and Ricotta Lasagna</b> Garlic Cheese Stick Steamed Broccoli	<b>Chickpea Curry</b> Basmati Rice Roasted Cauliflower	<b>Perogies and Caramelized Onion</b> Roasted Vegetable
<b>ALLERGEN</b>	<b>Classic Turkey Quesadilla</b> Corn Tortilla Steamed Corn Salsa Sour Cream	<b>Chicken Souvlaki</b> Lemon Rice GF Pita Bread Glazed Carrot Round	<b>Beef Bologness</b> Marinara Sauce GF Pasta Steamed Broccoli	<b>Marinated Chicken Thigh</b> Basmati Rice Roasted Cauliflower	<b>Beef Meatball and Caramelized Onion</b> GF Bun Roasted Vegetable
<b>DELI BAR BUILD YOUR OWN SANDWICH</b>	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Butter Vegan Butter Spread Cream Cheese Bagel Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla
<b>SWEET</b>	Peach Quarters	Apple Wedges	Fruit Salad (Pineapple, Honeydew, Pear)	Cubed Watermelon	Rice Krispie Square
<b>2ND SNACK</b>	Strawberry Vanilla Yogurt	Sliced Pineapple Nut Free Energy Bites	Vanilla Yogurt Rice Krispies	Granola Bar Mandarin Oranges	Ice cream Sorbet Pineapple
<b>3RD SNACK</b>	Granola Bar/ Watermelon	Rice Cakes Vanilla Greek Yogurt	Sliced Oranges/ blue berry muffin	Marble Cheese/ cracker	Cranberry and Apple Loaf/ Peach

**NOTE**

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- 2) Whole wheat wraps and bread for sandwiches and wraps
- 3) We'll offer a homemade dessert every Friday, as a little bit of sweet is okay for this age group and will create excitement among kids and encourage them to eat from dining hall  
**Sweets ideas for Friday dessert, Raspberries squares, oatmeal cookies, blueberries cupcakes or some healthier brownie version**  
Serving team will try to encourage kids to create a balanced plate following Canada's Food Guide which is half plate fruits and vegetables, quarter cereal and quarter protein.
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3 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Bananas Blueberry Yogurt	Corn Flakes and Milk Peaches	Cubed Cantaloupe French Toast Sticks	Bagel Bites and Cream Cheese Cube honey dew	Fruit Salad (Pineapple, Honeydew, Pear) Mini Blueberry Muffins
<b>SALAD BAR</b>	South West Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Tabouleh Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Compound Salad 1 Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Mediterranean Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Mexican Chopped Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil
<b>BEVERAGE</b>	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	Chocolate Milk 237ml
<b>SOUP</b>	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2
<b>ENTRÉE</b>	<b>Beef Burger</b> Baked Potato Wedges Coleslaw Lettuce, Tomato, Cheese	<b>Chicken Shawarma with Hummus/ Yogurt Sauce</b> Steamed Rice Roasted Cauliflower Warm Pita Bread	<b>BBQ Chicken Thigh Texas Style</b> Creamy Mashed Potato Glazed Carrot	<b>Beef Mac and Cheese</b> Garlic Cheese Stick Steamed Broccoli	<b>Chicken Fajita in Flour Tortilla Wrap</b> Saute Onion and Pepper Corn Tortilla Chips
<b>VEGETARIAN ENTRÉE</b>	<b>Black Bean Burger</b> Baked Potato Wedges Coleslaw Lettuce, Tomato, Cheese	<b>Lentils and Tomato</b> Steamed Rice Roasted Cauliflower Warm Pita Bread	<b>BBQ Cauliflower and Chickpea</b> Creamy Mashed Potato Glazed Carrot	<b>Mac and Cheese</b> Garlic Cheese Stick Steamed Broccoli	<b>Bean and Cheese Quesadilla</b> Saute Onion and Pepper Corn Tortilla Chips
<b>ALLERGEN</b>	<b>Beef Buger</b> GF Buns Baked Potato Wedges Coleslaw with Vinaigrette	<b>Chicken Shawarma with Hummus</b> Steamed Rice GF Pita Bread Roasted Cauliflower	<b>Grilled Chicken</b> Mashed Potato Glazed Carrot	<b>GF Penne</b> Marinara Sauce Steamed Broccoli	<b>Chicken Fajita</b> Corn Tortilla Chips Saute Onion and Pepper
<b>DELI BAR BUILD YOUR OWN SANDWICH</b>	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Wow Butter Jelly Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Wow Butter Jelly Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Wow Butter Jelly Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Wow Butter Jelly Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla	Tuna Salad Egg Salad Sliced Turkey Sliced Roast Beef Sliced Ham Wow Butter Jelly Vegan Butter Spread Cream Cheese Bagel Sliced Dill Pickles Whole Wheat Bread Texas White Multi Grain Bread Rye Bread Whole Wheat Tortilla
<b>SWEET</b>	Pineapple	Fruit Salad (Pineapple, Honeydew, Pear)	Tangerine Segments	Sliced apple	Carrot Cake
<b>2ND SNACK</b>	Corn Bread Apple Sauce	Granola Bar Vanilla Yogurt	Fruit Salad (Pineapple, Honeydew, Pear) Marble Cheese Strings	Cranberry Loaf Apple Sauce	Nut Free Energy Bites Vanilla Yogurt
<b>3RD SNACK</b>	Granola Bar/ cottage cheese	Cream Cheese and Rice Cake	Fresh Pineapple/ Vanilla yogurt	Cheddar Cheese/ cracker	Strawberry Smoothie/ waffle

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Sweets ideas for Friday dessert, Raspberries squares, oatmeal cookies, blueberries cupcakes or some healthier brownie version  
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4 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Fresh Cantaloupe Vanilla Yogurt	Toasted English Muffins Cottage Cheese	Marble Cheese Ritz Crackers	Whole Grain Toast with Strawberry Jam Apple Slices	Rice Krispies with Milk Cherry Yogurt
<b>SALAD BAR</b>	Compound Salad 1 Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Caesar Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Fresh Cucumber Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Gnocchi Salad with Olive and Grape Tomato Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil	Mediterranean Chickpea Salad Compound Salad 2 Lettuce Carrot and Celery Stick Sliced Cucumber Sweet Pepper Sticks Sliced Tomato Broccoli Florest Shredded Cheese Dried Cranberry Crouton White Bean Dip Ranch Dressing Balsamic Dressing Caesar Dressing Italian Dressing Olive Oil
<b>BEVERAGE</b>	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	2% Milk 237ml	Chocolate Milk 237ml
<b>SOUP</b>	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2	Chef Choice Soup 1/ Soup 2
<b>ENTRÉE</b>	<b>Korean Beef Bulgogi</b>	<b>Baked Boneless Chicken Cacciatore</b>	<b>Breakfast for Lunch</b>	<b>Grilled Cheese Sandwich</b>	<b>Lemon Herb Garlic Chicken Thighs</b>
	Steamed Rice	Penne Pasta	Scrambled Egg	Oven Baked Fries	Herb Butter Orzo
	Steamed Broccoli and Carrot	Garlic Bread	Turkey Breakfast Sausage	Steamed Broccoli	Roasted Vegetable Medley
		Balsamic Roasted Vegetable	Hashbrown		
<b>VEGETARIAN ENTRÉE</b>	<b>Korean Tofu Bulgogi</b>	<b>Vegetarian Balls</b>	<b>Breakfast for Lunch</b>	<b>Grilled Cheese Sandwich</b>	<b>Lemon Herb Garlic Zucchini and Chickpea</b>
	Steamed Rice	Penne Pasta	Scrambled Egg	Oven Baked Fries	Herb Butter Orzo
	Steamed Broccoli and Carrot	Garlic Bread	Hashbrown	Steamed Broccoli	Roasted Vegetable Medley
		Balsamic Roasted Vegetable			
<b>ALLERGEN</b>	<b>Stir-fried Beef</b>	<b>Baked Boneless Chicken Cacciatore</b>	<b>Breakfast for Lunch</b>	<b>GF Grilled Cheese Sandwich</b>	<b>Lemon Herb Garlic Chicken Thighs</b>
	Steamed Rice	GF Pasta	Scrambled Egg	Oven Baked Fries	Steamed Rice
	Steamed Broccoli and Carrot	Balsamic Roasted Vegetable	Hashbrown	Steamed Broccoli	Roasted Vegetable Medley
<b>DELI BAR BUILD YOUR OWN SANDWICH</b>	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
	Egg Salad	Egg Salad	Egg Salad	Egg Salad	Egg Salad
	Sliced Turkey	Sliced Turkey	Sliced Turkey	Sliced Turkey	Sliced Turkey
	Sliced Roast Beef	Sliced Roast Beef	Sliced Roast Beef	Sliced Roast Beef	Sliced Roast Beef
	Sliced Ham	Sliced Ham	Sliced Ham	Sliced Ham	Sliced Ham
	Wow Butter	Wow Butter	Wow Butter	Wow Butter	Wow Butter
	Jelly	Jelly	Jelly	Jelly	Jelly
	Vegan Butter Spread	Vegan Butter Spread	Vegan Butter Spread	Vegan Butter Spread	Vegan Butter Spread
	Cream Cheese	Cream Cheese	Cream Cheese	Cream Cheese	Cream Cheese
	Bagel	Bagel	Bagel	Bagel	Bagel
Sliced Dill Pickles	Sliced Dill Pickles	Sliced Dill Pickles	Sliced Dill Pickles	Sliced Dill Pickles	
Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	Whole Wheat Bread	
Texas White	Texas White	Texas White	Texas White	Texas White	
Multi Grain Bread	Multi Grain Bread	Multi Grain Bread	Multi Grain Bread	Multi Grain Bread	
Rye Bread	Rye Bread	Rye Bread	Rye Bread	Rye Bread	
Whole Wheat Tortilla	Whole Wheat Tortilla	Whole Wheat Tortilla	Whole Wheat Tortilla	Whole Wheat Tortilla	
<b>SWEET</b>	Peach and Pineapple	Cubed Honeydew	Tangerine Segments	Cubed Watermelon	Donut Crullers Vanilla and Chocolate
<b>2ND SNACK</b>	Cubed Watermelon Pretzel Sticks	Fruit Salad (Pineapple, Honeydew, Pear) Marble Cheese Cubes	Chex Cereal, Cottage Cheese Banana	Banana Loaf Apple Slices	Mini Chocolate Chip Muffin Green Grapes
<b>3RD SNACK</b>	Granola Bar/ sliced Pear	Orange Wedges/ carrot muffin	Sliced Apple and Cherry Yogurt	Cubed Cheddar Cheese Cracker	Mango Coconut Smoothie/ waffle

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