

BAYVIEW GLEN UPPER SCHOOL MENU					
1 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK (PREP)	Blueberry Yogurt/ Granola	Nutrigrain bar/ Strawberry	Carrot Muffin/ whole Fruit	Cubed Cheddar/ Cracker	Wow Butter/ Rice Cake
SALAD BAR/DELI BAR (PREP/UPPER)	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY
HOUSE MADE SOUP (PREP/UPPER)	Corn and Black Bean Soup Beef and Barley	Chili Con Carne Cheese Tortellini Soup	Chicken Noodles Sweet Potato Soup	Wonton Soup Egg Dropped	Old Fashion Tomato Chicken and Orzo
ENTRÉE (PREP/UPPER)	Turkey Taco	Chicken Cacciatore	Breakfast for Lunch	Beef Meat Ball Sub	Southern Chicken Drumstick
	Fennel Apple Slaw	Penne Pasta	Bacon/ Sausage	Submarine bun	Creamy Mashed Potato
	Mexican Rice	Garlic Cheese Stick	Scrambled Egg	Potato Wedges	Buttered Peas
	Flour Tortilla		Harsh brown	Steamed Broccoli	Chicken Gravy
VEGETARIAN ENTRÉE (PREP/UPPER)	Bean and Cheese Quessadilla	Lentil Cacciatore	Breakfast for Lunch	Vegetarian Meat Ball Sub	Ratatouille Stew with Cannellini Bean
	Fennel Apple Slaw	Penne Pasta	Scrambled Egg	Submarine Bun	Creamy Mashed Potato
	Mexican Rice	Garlic Cheese Stick	Harsh brown	Potato Wedges	Buttered Peas
			beyond meat patty	Steamed Broccoli	
GLOBAL EATS (PREP/UPPER)	Swedish Beef Meatballs	Grilled Turkey Sausages	Jerk Chicken	Herb Crusted Tilapia	House Made Pizza
	Fresh Green Beans	Onion and Roasted Pepper	Creamy Coleslaw	Roasted Vegetable	Pepperoni
	Rice pilaf	Mashed Potato	Bean and Rice Pilaf	Buttered Gnocchi	Trio Cheese

NOTE:

Fresh Fruit Available daily

BAYVIEW GLEN UPPER SCHOOL MENU					
2 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Rice cake/ Strawberry Jam/ whole fruit	French Toast/ Syrup	Bagel and Cream Cheese	Gold Fish/ Fruit Salad	Banana, chocolate chip loaf
SALAD BAR/DELI BAR	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY
SOUP	Minestrone Green Thai Chicken Soup	Coconut Chickpea Baked Loaded Potato	Chili Con Carne Spring Asparagus	Lentil Dalh Chicken Noodles	Italian Wedding Roasted Garlic Pepper Soup
ENTRÉE	Chicken Souvlaki with Homemade Tzatziki	Beef Burger	Buffalo Chicken Mac n Cheese	Butter Chicken	Perogies and Caramelized onion
	Lemon Rice	Baked Potato Wedges	Corn Bread	Basmati Rice	Bacon Bits
	Glazed Carrot Round	Coleslaw	Steamed Broccoli	Roasted Cauliflower	Roasted Vegetable
	Warm Pita Bread	Lettuce, Tomato, Cheese			Sour Cream
VEGETARIAN ENTRÉE	Falafels with Hummus	Beyond Beef Burger	Mac n Cheese	Chickpea Curry	Perogies and Caramelized Onion
	Lemon Rice	Baked Potato Wedges	Corn Bread	Basmati Rice	Roasted Vegetable
	Glazed Carrot Round	Coleslaw	Steamed Broccoli	Roasted Cauliflower	Sour Cream
	Warm Pita Bread	Lettuce, Tomato, Cheese			
GLOBAL EATS	Lentils and Spinach Curry	Shanghai Noodles	Feta and Oregano Baked Chicken Thigh	Turkey Meatball	House Made Pizza
	Steamed Rice	Stir Fried Vegetable	Stir Fried Vegetable	Roasted Vegetable	Pepperoni
	Baked Cauliflower		Rice	Buttered Gnocchi	Trio Cheese

NOTE:
Fresh Fruit Available daily

BAYVIEW GLEN UPPER SCHOOL MENU					
3 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Belgian Waffle/ Berry Coulis	Blueberry Yogurt Loaf	Sliced Apple/ Peach Yogurt	Fruit Parfait/ Marble Cheese	Vanilla Yogurt and Granola
SALAD BAR/DELI BAR	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY
SOUP	Beef and Barley Old fashion Tomato	Cream of Mushroom Chicken and Orzo	Chili Con Carne Potato and Leek	Cheese Tortellini and Vegetable Broccoli and Cheese	Canadian Pea Soup Tomato and Roasted Garlic
ENTRÉE	Baked Chicken Breast Sandwich	BBQ Chicken Leg Texas Style	Turkey Bolognese	Salisbury Steak	Greek Chicken
	Sweet Potato Fries	Parsnip and Carrot	Penne	Mushroom and Mashed Potato	Quinoa
	Steamed Broccoli	Buttered Corn	Marinara Sauce	Beef Gravy	Roasted Chickpea
	Lettuce, Tomato, Onion, Mayo		Garlic Stick	Green Beans	Feta Cheese
VEGETARIAN ENTRÉE	Black Bean Burger	Southern Harvest Stew	Vegetarian Meatball	Beyond the Meat Patty	Oregano Chickpea
	Sweet Potato Fries	Parsnip and carrot	Penne	Mushroom Cream Sauce	Quinoa
	Steamed Broccoli and Carrot	Buttered Corn	Marinara Sauce	Mashed potato	Feta Cheese
	Lettuce, Tomato, Onion, Mayo		Garlic Stick	Green Beans	Tomato, Cucumber
GLOBAL EATS	Beef Ravioli	Beef Vindaloo	Spinach and Mushroom Quiche	Turkey Sausage and White Bean Ragu	House Made Pizza
	Marinara Sauce	Mini Diner Roll	Green Salad	Rice Pilaf	Pepperoni
				Tomato and Cucumber Salad	Trio Cheese

NOTE:
Fresh Fruit Available daily

BAYVIEW GLEN 85 MOATFIELD SCHOOL MENU					
4 WEEK OF 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Tea Biscuits/ Strawberry Jam/ whole fruit	Vanilla Overnight Oats/ Fresh Strawberry	Fresh Honeydew cubes/ Marble Cheese	Bagels and Cream Cheese	Cranberry and Lemon Loaf
SALAD BAR/DELI BAR	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY	FULL SALAD AND DELI BAR AVAILABLE DAILY
SOUP	Meat Ball Soup Curried Carrot and Coconut	chili Con Carne Cream of Mushroom	Chicken Noodles Potato Leek	Mexican Tortilla Italian Wedding	Minestrone Cauliflower and Cheese
ENTRÉE	Beef Stroganoff	Garlic Herb Chicken Drumstick	Teriyaki Beef Meat ball	Crustless Sheppard Pie	Chicken Shawarma with Hummus/ Yogurt Sauce
	Egg Noodle	Vegetable Medley	Steamed Rice	Mini Dinner Roll	Tomato Cucumber Salad
	Sweet Peas	Mashed Potato	Garlic Greens	Roasted Baby Carrot	Rice Pilaf
			Carrot and Onion		Warm Pita
VEGETARIAN ENTRÉE	Beyond Beef Stroganoff	Vegetable Jamaican Patty	Teriyaki Tofu	Vegetarian Sheppard Pie	Falafels with Hummus
	Egg Noodle	Vegetable Medley	Steamed Rice	Mini Dinner Roll	Tomato Cucumber Salad
	Sweet Peas	coleslaw	Garlic Greens	Roasted Baby Carrot	Rice Pialf
			Carrot and Onion		Warm Pita
GLOBAL EATS	Thai Coconut Chickpea Curry	Jamaican Beef Patty	Perogies	Cheese Tortellini	House Made Pizza
	Fluffy rice	Vegetable Medley	Bacon Bits	Alfredo Sauce/ Tomato Sauce	Pepperoni
	Wilted Spinach	Coleslaw	Sage Cream		Trio Cheese

NOTE:
Fresh Fruit Available daily