

# Winter Menu 2024

## Week One - Prep Students



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>House-made Soup</b>	Winter Harvest Minestrone Soup Chef Choice Soup of the Day	Cauliflower and Cheddar Soup Chef Choice Soup of the Day	Winter Potato Leek Soup Chef Choice Soup of the Day	Chef's Chicken Noodle Soup Chef's Choice Soup of the Day	Old Fashion Tomato Soup Chef's Choice Soup of the Day
<b>Entrée</b>	Turkey Meatballs with Penne Pasta, House made Pasta Sauce and a side Dinner Roll	Halal Chicken Cacciatore with Roasted Potatoes and Corn	Mediterranean Halal Chicken with Greek Orzo, Steamed Green Beans, House Made Tzatziki and Warm Pita Bread	Honey Miso Salmon, Orange Couscous, Steamed Broccoli	Halal Southern Chicken with Creamy Mash, Buttered Peas and Gravy
<b>Vegetarian Entrée</b>	Vegan Meatball with Penne Pasta, House made Pasta Sauce and Green Peas	Vegan Burger with Sweet Potato Fries and Corn	Vegan Moussaka with Greek Orzo, Steamed Green Beans	Honey Miso Tofu, Orange Couscous, Steamed Broccoli	Ratatouille Stew with Creamy Mash and Butter Peas
<b>Global Eats</b>	Irish Stew with Basmati Rice and Green Peas	Halal Beef Burger with Sweet Potato Fries and Corn	Teriyaki Flak Steak with Chow Mein Noodles, Steamed Green Beans	Halal Butter Chicken with Basmati Rice, Steamed Broccoli and Naan	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available



\*SALAD BAR, DELI BAR, FRUIT SALAD, AND WHOLE FRUIT SERVED DAILY WITH LUNCH

\*2% MILK SERVED MONDAY TO THURSDAY; CHOCOLATE MILK SERVED FRIDAY

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## Week Two - Prep Students



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>House-made Soup</b>	Classic Italian Wedding Soup Chef Choice Soup of the Day	Bayview Glen Clam Chowder Chef's Choice Soup of the Day	Orange Carrot Ginger Soup Chef Choice Soup of the Day	Fresh Made Split Pea Soup Chef's Choice Soup of the Day	Chef's Chicken Noodle Soup Chef's Choice Soup of the Day
<b>Entrée</b>	Halal Chicken Parmesan with Penne Pasta and Mixed Vegetables	Teriyaki Meatballs with Egg Noodles and Green Beans	Halal Balsamic Chicken with Mac & Cheese and Broccoli	Ms. Pam's Pork Ribs with Loaded Baked Potato and Green Peas	Bacon and Caramelized Onion Perogies with Roasted Vegetables
<b>Vegetarian Entrée</b>	Eggplant Parmesan with Penne Pasta and Mixed Vegetables	Vegan Tofu Taco with Pico De Gallo, Guacamole and Vegan Yogurt	Balsamic Tofu Bites with Cauliflower Mac & Cheese and Broccoli	BBQ Portobello Mushroom with Loaded Baked Potato and Green Peas	Cheese and Caramelized Onion Perogies with Roasted Vegetables
<b>Global Eats</b>	Sweet Chili Halal Chicken with Orange Couscous Roasted Cauliflower and Carrot Mix	Turkey Taco with Pico De Gallo, Guacamole and Sour Cream	Italian Veal Sandwich with Potato Wedges and House Made Coleslaw	Halal Jerk Chicken with Rice and Kidney Beans	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available



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# Winter Menu 2024

## Week Three - Prep Students



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>House-made Soup</b>	Roasted Red Pepper Bisque Soup Chef Choice Soup of the Day	Broccoli and Cheddar Soup Chef Choice Soup of the Day	Potato and Leek Soup Chef Choice Soup of the Day	Cheese Tortellini and Vegetable Soup Chef's Choice Soup of the Day	Tomato and Roasted Garlic Soup Chef's Choice Soup of the Day
<b>Entrée</b>	Turkey Chili Bar: Sour Cream, Shredded Cheese, Green Onion, Bacon Bits served with Green Beans	Halal Salisbury Steak Burger with Steamed Broccoli and Curley Fries	Halal Chicken Alfredo with Linguine Pasta and Green Peas	Chicken Pot Pie with House Made Puff Pasty and Corn Niblett	Halal BBQ Chicken Wings with Celery and Carrots
<b>Vegetarian Entrée</b>	Vegan Chili Bar: Vegan Cheese, Vegan Yogurt, Green Onions, Vegan Bacon served with Green Beans	Salisbury Black Bean Burger with Steamed Broccoli and Curley Fries	Grilled Portobello Mushroom with Lentil Penne, Vegan Bolognese and Green Peas	Vegetable Pot Pie with House Made Puff Pasty and Corn	Vegan Chicken Wings with Celery and Carrots
<b>Global Eats</b>	Beef Ravioli with House Made Marinara Sauce Garlic and Cheese Stick	Quiche Lorraine with Steamed Broccoli and Garden Salad	Pulled Pork Sloppy Joe Sandwich with Green Peas	Halal Beef Bourguignon with Mashed Potato and Corn	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available



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# Winter Menu 2024

## Week Four - Prep Students



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
House-made Soup	Curry Carrot Coconut Soup Chef Choice Soup of the Day	Hearty Winter Vegetable Soup Chef Choice Soup of the Day	Butternut and Apple Squash Soup Chef Choice Soup of the Day	Roasted Cauliflower Soup Chef's Choice Soup of the Day	Corn Chowder Chef's Choice Soup of the Day
Entrée	Halal Chicken Cordon Blue Burger with Chipotle Aioli, Curley Fries and Roasted Cauliflower	Asian Pork Stir-Fry with Chow Mein Noodles and Green Beans	Halal Classic Roasted Chicken with Gravy, Stuffing Muffin, and Steamed Broccoli	Halal Chicken Fingers with Sweet Potato Fries and Corn	Farfalle Pasta in a Pesto Cream Sauce with Italian Sausage and Roasted Vegetables
Vegetarian Entrée	Beyond the Meat Burger with Vegan Cheese, Curley Fries and Roasted Cauliflower	Asian Tofu Stir-Fry with Rice Noodles and Green Beans	Vegetarian Lasagna with Caesar Salad, Broccoli and Garlic Bread	Vegan Fingers with Sweet Potato Fries and Corn	Mushroom Bolognese with Farfalle Pasta and Roasted Vegetables
Global Eats	Penne Bolognese with Roasted Cauliflower with Dinner Roll	Herb Crusted Sole Filet in a Lemon Basil Cream Sauce with Steamed Rice and Green Beans	Meat Lasagna with Caesar Salad, Broccoli and Garlic Bread	Teriyaki Turkey Meatballs with Basmati Rice and Corn	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available



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# Winter Snack Menu 2024

## Prep Students



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Greek Yogurt with Granola Crumble	Fresh Baked Carrot Muffin with Butter	Granola Bar with Strawberry and Pineapple	Pita Triangles with Hummus and Cucumber	Whole Wheat Crackers and Cheese
Week Two	Fig Bar and Apple Slices	French Toast Sticks and Pineapple Chunks	Mini Bagel with Cream Cheese	Ritz Cracker and Fruit Salad	Fresh Baked Banana and Chocolate Chip Loaf
Week Three	Chex Cereal and Milk with Fresh Cut Banana	Fresh Baked Blueberry Loaf	Peach Greek Yogurt and Sliced Apple	Fresh Baked Mini Croissants and Fruit Jam	Goldfish and Cubed Cheese
Week Four	Vanilla Yogurt and Granola	Whole Wheat Grilled Cheese Sticks with Ketchup	Celery and Carrots with Hummus	Granola Bars Cantaloupe Slices	Cranberry Lemon Loaf



\*ALL CLASSROOMS WILL BE SUPPLIED WITH WHOLE FRUIT BOWLS THROUGHOUT THE WEEK