

Winter Menu 2024 Week One - Upper Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
House-made	Winter Harvest Minestrone Soup	Cauliflower and Cheddar Soup	Winter Potato Leek Soup	Chef's Chicken Noodle Soup	Old Fashion Tomato Soup
Soup	Chef Choice Soup of the Day	Chef Choice Soup of the Day	Chef Choice Soup of the Day	Chef's Choice Soup of the Day	Chef's Choice Soup of the Day
Entrée	Turkey Meatballs with Penne Pasta, House made Pasta Sauce and a side Dinner Roll	Halal Chicken Cacciatore with Roasted Potatoes and Corn	Mediterranean Halal Chicken with Greek Orzo, Steamed Green Beans, House Made Tzatziki and Warm Pita Bread	Honey Miso Salmon, Orange Couscous, Steamed Broccoli	Halal Southern Chicken with Creamy Mash, Buttered Peas and Gravy
Vegetarian Entrée	Vegan Meatball with Penne Pasta, House made Pasta Sauce and Green Peas	Vegan Burger with Sweet Potato Fries and Corn	Vegan Moussaka with Greek Orzo, Steamed Green Beans	Honey Miso Tofu, Orange Couscous, Steamed Broccoli	Ratatouille Stew with Creamy Mash and Butter Peas
Global Eats	Irish Stew with Basmati Rice and Green Peas	Halal Beef Burger with Sweet Potato Fries and Corn	Teriyaki Flak Steak with Chow Mein Noodles, Steamed Green Beans	Halal Butter Chicken with Basmati Rice, Steamed Broccoli and Naan	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available









^{*}WHOLE FRESH FRUIT ALWAYS AVAILABLE



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
House-made Soup	Classic Italian Wedding Soup	Bayview Glen Clam Chowder	Orange Carrot Ginger Soup	Fresh Made Split Pea Soup	Chef's Chicken Noodle Soup
	Chef Choice Soup of the Day	Chef's Choice Soup of the Day	Chef Choice Soup of the Day	Chef's Choice Soup of the Day	Chef's Choice Soup of the Day
Entrée	Halal Chicken Parmesan with Penne Pasta and Mixed Vegetables	Teriyaki Meatballs with Egg Noodles and Green Beans	Halal Balsamic Chicken with Mac & Cheese and Broccoli	Ms. Pam's Pork Ribs with Loaded Baked Potato and Green Peas	Bacon and Caramelized Onion Perogies with Roasted Vegetables
Vegetarian Entrée	Eggplant Parmesan with Penne Pasta and Mixed Vegetables	Vegan Tofu Taco with Pico De Gallo, Guacamole and Vegan Yogurt	Balsamic Tofu Bites with Cauliflower Mac & Cheese and Broccoli	BBQ Portobello Mushroom with Loaded Baked Potato and Green Peas	Cheese and Caramelized Onion Perogies with Roasted Vegetables
Global Eats	Sweet Chili Halal Chicken with Orange Couscous Roasted Cauliflower and Carrot Mix	Turkey Taco with Pico De Gallo, Guacamole and Sour Cream	Italian Veal Sandwich with Potato Wedges and House Made Coleslaw	Halal Jerk Chicken with Rice and Kidney Beans	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available









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Winter Menu 2024 Week Three - Upper Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
House-made	Roasted Red Pepper Bisque Soup	Broccoli and Cheddar Soup	Potato and Leek Soup	Cheese Tortellini and Vegetable Soup	Tomato and Roasted Garlic Soup
Soup	Chef Choice Soup of the Day	Chef Choice Soup of the Day	Chef Choice Soup of the Day	Chef's Choice Soup of the Day	Chef's Choice Soup of the Day
Entrée	Turkey Chili Bar: Sour Cream, Shredded Cheese, Green Onion, Bacon Bits served with Green Beans	Halal Salisbury Steak Burger with Steamed Broccoli and Curley Fries	Halal Chicken Alfredo with Linguine Pasta and Green Peas	Chicken Pot Pie with House Made Puff Pasty and Corn Niblett	Halal BBQ Chicken Wings with Celery and Carrots
Vegetarian Entrée	Vegan Chili Bar: Vegan Cheese, Vegan Yogurt, Green Onions, Vegan Bacon served with Green Beans	Salisbury Black Bean Burger with Steamed Broccoli and Curley Fries	Grilled Portobello Mushroom with Lentil Penne, Vegan Bolognese and Grean Peas	Vegetable Pot Pie with House Made Puff Pasty and Corn	Vegan Chicken Wings with Celery and Carrots
Global Eats	Beef Ravioli with House Made Marinara Sauce Garlic and Cheese Stick	Quiche Lorraine with Steamed Broccoli and Garden Salad	Pulled Pork Sloppy Joe Sandwich with Green Peas	Halal Beef Bourguignon with Mashed Potato and Corn	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available









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Winter Menu 2024 Week Four - Upper Students

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
House-made Soup	Curry Carrot Coconut Soup Chef Choice Soup of the Day	Hearty Winter Vegetable Soup Chef Choice Soup of the Day	Butternut and Apple Squash Soup Chef Choice Soup of the Day	Roasted Cauliflower Soup Chef's Choice Soup of the Day	Corn Chowder Chef's Choice Soup of the Day
Entrée	Halal Chicken Cordon Blue Burger with Chipotle Aioli, Curley Fries and Roasted Cauliflower	Asian Pork Stir-Fry with Chow Mein Noodles and Green Beans	Halal Classic Roasted Chicken with Gravy, Stuffing Muffin, and Steamed Broccoli	Halal Chicken Fingers with Sweet Potato Fries and Corn	Farfalle Pasta in a Pesto Cream Sauce with Italian Sausage and Roasted Vegetables
Vegetarian Entrée	Beyond the Meat Burger with Vegan Cheese, Curley Fries and Roasted Cauliflower	Asian Tofu Stir-Fry with Rice Noodles and Green Beans	Vegetarian Lasagna with Caesar Salad, Broccoli and Garlic Bread	Vegan Fingers with Sweet Potato Fries and Corn	Mushroom Bolognese with Farfalle Pasta and Roasted Vegetables
Global Eats	Penne Bolognese with Roasted Cauliflower with Dinner Roll	Herb Crusted Sole Filet in a Lemon Basil Cream Sauce with Steamed Rice and Green Beans	Meat Lasagna with Caesar Salad, Broccoli and Garlic Bread	Teriyaki Turkey Meatballs with Basmati Rice and Corn	House-made Pepperoni Pizza & Cheese Pizza *Made without Gluten and Dairy Available









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