



Spring Menu 2026

Week 1 - Prep School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS & MORE	Loaded Potato Soup Chef's Choice Soup	Roasted Red Pepper Soup Chef's Choice Soup	Red Bean Soup Chef's Choice Soup	Mexican Meatball Soup Chef's Choice Soup	Cream of Tomato Soup Chef's Choice Soup
ENTRÉE	Halal Kung Pao Chicken with Baby Bok Choy	Halal Hungarian Goulash with Garlic Mashed Potatoes and Maple Glazed Root Vegetables	Cheese Tortellini with Alfredo or Basil Tomato Sauce	Balsamic Slow Roasted Halal Chicken with Parisian Potato and Rainbow Coleslaw	Baked Fish with Coleslaw and Tartar Sauce
INTERNATIONAL ENTRÉE	Chicken Dumplings	Stuffed Peppers	Chicken Piccata	Pork Spareribs	Baked Creamy Mac & Cheese with Garlic Sticks
VEGETARIAN ENTRÉE	Cantonese Noodles	Onion Ring	Battered Zucchini Sticks	Cheese and Potato Perogies	Vegetarian Risotto
SWEET TREATS	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Friday Fun Treat



Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables

Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads



Spring Menu 2026

Week 2 - Prep School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS & MORE	Chicken Vegetable Soup Chef's Choice Soup	Hot and Sour Chili Chef's Choice Soup	Cream Of Mushroom Soup Chef's Choice Soup	Corn Chowder Soup Chef's Choice Soup	Butternut Squash & Apple Soup Chef's Choice Soup
ENTRÉE	Chipotle Baked Halal Chicken Wings with Roasted Vegetables	Turkey Tacos with Mexican Rice and Roasted Corn	Halal Butter Chicken with Steamed Jeera Rice	Spaghetti Bolognese with Garlic Bread	Halal Beef Burger with Crispy Potatoes
INTERNATIONAL ENTRÉE	Cajun Potato Fries	Beef Chili with Sour Cream and Salsa	Kadai Paneer with Naan Bread and Raita	Pork Parmesan	Halal Chicken Burger
VEGETARIAN ENTRÉE	Baked Nachos with Sour Cream and Salsa	Vegetarian Chili	Onion Rings	Vegetarian Quiche	Breaded Portobello Burger
SWEET TREATS	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Friday Fun Treat



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Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads



Spring Menu 2026

Week 3 - Prep School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS & MORE	Chicken Masala Soup Chef's Choice Soup	Chicken Noodle Soup Chef's Choice Soup	Loaded Potato Soup Chef's Choice Soup	Roasted Cauliflower Soup Chef's Choice Soup	Red Lentil Soup Chef's Choice Soup
ENTRÉE	Halal Harissa Chicken With Lebanese Rice	Beef Kebab with Persian Rice	Fettuccine Alfredo with Garlic Parmesan Sticks	Halal Greek Roasted Chicken with Herbed Potatoes	Baked Haddock with Potatoes and Tartare Sauce
INTERNATIONAL ENTRÉE	Beef Cabbage Rolls	Halal Chicken with Turmeric, Safran and Lemon served with Pita Bread and Yogurt dip	Chicken Marbella	Beef Gyros with Pita and Tzatziki	Halal Pepperoni Flat Bread
VEGETARIAN ENTRÉE	Vegetarian Chickpea Tagine	Mosama Khoreshht Vegetarian Stew	Cheese Manicotti	Fasolakia	Cheese Flat Bread
SWEET TREATS	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Friday Fun Treat



Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables

Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads



Spring Menu 2026

Week 4 - Prep School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS & MORE	Meat Lover Soup Chef's Choice Soup	French Onion Soup Chef's Choice Soup	Louisiana Chicken Rice Chef's Choice Soup	Pot Sticker Soup Chef's Choice Soup	Chickpea Soup Chef's Choice Soup
ENTRÉE	Chicken Adobo with Fluffy Garlic Rice	Beef Lasagna with Parmesan Garlic Sticks	Baked Salmon in Spinach Mushroom Ragout and Fragrant Rice	Brazilian Steak with New Potatoes	Sloppy Joes with Steamed Broccoli
INTERNATIONAL ENTRÉE	Pork Mechado	Turkey Meatballs	Pineapple Glazed Pork Ham	Turkey Pot Pie	Hawaiian Flat Bread with Caesar Salad
VEGETARIAN ENTRÉE	Tofu Caldereta	Vegetarian Lasagna	Vegetable Dumplings	Acaraje	Margherita Flat Bread
SWEET TREATS	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Friday Fun Treat



Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables

Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads

Spring AM Snack Menu 2026

Prep School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Bear Paws with Milk	Cheese and Crackers with Grapes	Yogurt Tubes	Banana Oat Bar	Buttermilk Pancakes with Homemade Jam
WEEK 2	Veggie Straw	Mini Apple Tarts	Sliced Cucumbers with Ranch or Vegetable Dip	Crullers Mini Donut	Mini Croissant with WOW butter
WEEK 3	Chewy Snack bar	Little Bites Baked Snack	Baby Carrots and Celery with Dip	Cinnamon Sugar Donut	Homemade Muffin
WEEK 4	Spinach and Cheese Bites	Allergy Smart Cookies	Nutless Clusters	Vegetable and Dips	Apple slices with WOW Butter



***ALL CLASSROOMS WILL BE SUPPLIED DAILY WITH AN ASSORTED WHOLE FRUIT BOWL