

# Spring Menu 2026

May - Week 1 - Lower School

	<b>MONDAY</b> 05/04/2026	<b>TUESDAY</b> 05/05/2026	<b>WEDNESDAY</b> 05/06/2026	<b>THURSDAY</b> 05/07/2026	<b>FRIDAY</b> 05/08/2026
<b>ENTRÉE</b>	Showtime Fajita Station Salsa Fresca Cumin Lime Sour Cream Shredded Cheddar Cheese Sauteed Onions, Peppers and Mushrooms Flour Tortilla Wrap Mexican Rice Pilaf	Hamburger Baked Golden French Fries Coleslaw Brown Gravy	Cheese & Spinach Ravioli with Creamy Marinara Herbed Tomato Sauce Alfredo Sauce Sautéed Broccoli Cheesy Garlic Bread	Lemon Hoisin Chicken Cantonese Inspired Noodles Roasted Cauliflower	Hake Fish Cakes Remoulade Sauce Herb and Lemon Couscous Steamed Vegetable Medley
<b>INTERNATIONAL ENTRÉE</b>	Perogy Station Cumin Lime Sour Cream Sauteed Onions, Peppers and Mushrooms	Turkey Stroganoff Buttered Egg Noodles Buttered Peas	Broccoli & Cheddar Quiche Buttered Green Beans	Mongolian Beef Stir-Fry Steamed Vegetable Medley Cauliflower Rice	Homemade Chickpea Fritters Labneh Cumin Scented Basmati Rice
<b>VEGETARIAN ENTRÉE</b>	Eggplant Creole Roasted Corn and Peppers Creole Rice	Tandoori Paneer Cilantro Lime Rice Charred Corn	Veggie Lasagna Herbed Tomato Sauce Cheesy Flat Bread	Spanish Rice Empanadas (Black Bean)	Teriyaki Tofu Steamed Vegetable Medley Cumin Scented Basmati Rice



**Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables**

**Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads**

# Spring Menu 2026

May - Week 2 - Lower School

	<b>MONDAY</b> 05/11/2026	<b>TUESDAY</b> 05/12/2026	<b>WEDNESDAY</b> 05/13/2026	<b>THURSDAY</b> 05/14/2026	<b>FRIDAY</b> 05/15/2026
<b>ENTRÉE</b>	Turkey Chili Yellow Triangle Corn Tortilla Chips Sour Cream Shredded Cheddar Cheese	Halal Chicken Nuggets and Plum Sauce Herb Roasted Garlic Potato Wedges Fresh Steamed Carrots	Lasagna Al Forno Garlic Bread Baguette Steamed Vegetable Medley	Texas Meatloaf with Bold Onion Sauce Smashed Potatoes Sauteed Corn Mexican Style	Breaded Haddock Golden Baked French Fries Steamed Seasonal Vegetables with Herbs Tartar Sauce
<b>INTERNATIONAL ENTRÉE</b>	Ma Po Tofu Fluffy Rice	Pollo Asado (Cuban Roasted Chicken) Fresh Steamed Carrots	Caribbean Island Inspired Pork Stew Jamaican Peas and Rice	Butter Chicken Yellow Basmati Rice Fresh Steamed Carrots	Filipino Pork Menudo Garlic Rice Fresh Green Beans
<b>VEGETARIAN ENTRÉE</b>	Vegan Chili Double Cornbread	Sweet and Sour Meatless Meatballs Homestyle Diced Fries	Three Cheese Manicotti Steamed Vegetable Medley	Vegan Cauliflower Ribs with Texas Style BBQ Sauce Smashed Potatoes Asparagus and Roasted Red Peppers	Texas Toast Thrilled Grilled Cheese Fresh Green Beans



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# Spring Menu 2026

May - Week 3 - Lower School

	<b>MONDAY</b> 05/18/2026	<b>TUESDAY</b> 05/19/2026	<b>WEDNESDAY</b> 05/20/2026	<b>THURSDAY</b> 05/21/2026	<b>FRIDAY</b> 05/22/2026
<b>ENTRÉE</b>	Lemon and Oregano Roast Chicken Classic Alfredo Mac and Cheese Steamed Seasonal Vegetables with Herbs	General Tao Chicken Tofu Pad Thai Sautéed Bok Choy	Spaghetti with Meatballs Garlic Bread Balsamic Roasted Vegetables	Jamaican Jerk Chicken Apple Chutney Mayonnaise Collard Greens	Lebanese Fish with Rice Steamed Vegetable Medley
<b>INTERNATIONAL ENTRÉE</b>	Greek Beef Pastitsio Roasted Roma Vegetables	Asian BBQ Pork Bao Stuffed Buns Pickled Vegetables	Beef Shawarma Shawarma Rice Shawarma Wrap	Pani Puri Vegetables Indian Rice	Californian Pizza
<b>VEGETARIAN ENTRÉE</b>	Sweet and Sour Tofu Rice Pilaf Fresh Steamed Carrots	Butter Paneer with Snow Peas Garlic Rice Sautéed Bok Choy	Classic Meatless Meatballs Spaghetti with Meatballs Balsamic Roasted Vegetables Herbed Tomato Sauce	Harissa Chickpea Flat Bread Ginger Broccoli	Hawaiian Tofu Vegetable Spring Rolls Garlic Rice Steamed Vegetable Medley



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# Spring Menu 2026

May - Week 4 - Lower School

	<b>MONDAY</b> 05/25/2026	<b>TUESDAY</b> 05/26/2026	<b>WEDNESDAY</b> 05/27/2026	<b>THURSDAY</b> 05/28/2026	<b>FRIDAY</b> 05/29/2026
<b>ENTRÉE</b>	Adobo Chicken Thigh Pancit Bihon Orange Glazed Carrots	House Made Pancakes Berry Compote Peameal Bacon Scrambled Eggs Mini Croissant Lemon Butter Green Beans	Penne Pasta Beef Meatballs Herbed Tomato Sauce Garlic Bread Cauliflower and Peas Parmesan Cheese	Coq Au Vin Lyonnaise Potatoes Roasted Seasonal Vegetables	Tilapia Piccata Cauliflower Rice Sautéed Broccoli
<b>INTERNATIONAL ENTRÉE</b>	Beef Taco Bowl	BBQ Chicken Wings Pickled Cucumber	Tofu Stroganoff Buttered Egg Noodles	Porchetta Pork Loin Roast	Mediterranean Greek Pizza
<b>VEGETARIAN ENTRÉE</b>	Shepherd's Pie with TVP & Sweet Potato Crust Roasted Seasonal Vegetables	Goan Inspired Vegetable Curry Basmati Rice Ginger Broccoli	Penne Pasta Herbed Tomato Sauce Cauliflower and Peas	Spanokopita Pie with Ricotta, Feta & Phyllo Pastry Baked Sweet Potato Fries	Filipino Tofu Calderata Bruschetta Pizza



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May - Week 1 - Lower School

**Bayview Glen**

Whole Child. Purposeful Life. Better World.

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<b>MORNING SNACK</b>	Sliced Apples Cream Cheese Apple Breakfast Flat	Fresh Berries Vanilla Greek Yogurt Plain Granola	Fresh Cantaloupe Cheerios 2% Milk	Seasonal Fresh Fruit Salad Carrot Muffins Cream Cheese	Sliced Apples Hard Boiled Egg Whole Wheat Roll
<b>LUNCH DESSERT/ SNACK</b>	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Vanilla Ice Cream
<b>AFTERNOON SNACK (BG - GR. 3)</b>	Mandarin Oranges Cheddar Cheese Snack Veggie Straws	Sliced Fresh Cucumbers White Pita Tzatziki	Vanilla Greek Yogurt and Mixed Berry Smoothie Sliced Apples	Fresh Apple Made Good	Fresh Apple Bear Paw Cookies
<b>AFTERNOON SNACK (GR. 4 - 5)</b>	Fresh Apple White Cheddar Popcorn	Fresh Apple Yogurt Tube Arrowroot Cookies	Fresh Apple Cheddar Crispy Minis	Fresh Apple Made Good	Fresh Apple Bear Paw Cookies
<b>AFTER SCHOOL SNACK</b>	Fresh Cubed Honeydew WOW Butter Graham Wafer	Pita Chips Spinach Artichoke Dip	Applesauce Saltine Crackers Cubed Marble Cheese	White Pita Chickpea Hummus Sliced Fresh Cucumbers	WOW Butter and Jam on Multigrain Fresh Cubed Honeydew



\*\*\*ALL CLASSROOMS WILL BE SUPPLIED DAILY WITH AN ASSORTED WHOLE FRUIT BOWL



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<b>MORNING SNACK</b>	Apple Slices 2% Milk Cheerios	Cantaloupe Cream Cheese Rice Cake	Fresh Banana Blueberry Muffins Vanilla Greek Yogurt	Fresh Berries Whole Wheat English Muffin Cheddar Cheese Slices	Sliced Apples Apple Cinnamon Muffins Cubed Cheddar Cheese
<b>LUNCH DESSERT/ SNACK</b>	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Ice Cream Sandwich
<b>AFTERNOON SNACK (BG - GR. 3)</b>	Green Bell Pepper Slices Southwest Dip Triscuit Crackers	Cucumber Slices Pita Tzatziki	Bagel Cream Cheese Apple Slices	Mixed Berries and Yogurt Smoothie Honeydew Arrowroot Cookie	Cheerios 2% Milk Orange slices
<b>AFTERNOON SNACK (GR. 4 - 5)</b>	Fresh Apple Chocolate Banana Granola Bar	Fresh Apple White Cheddar Popcorn	Fresh Apple Apple Cinnamon Nutrigrain Bar	Fresh Apple Goldfish Crackers	Fresh Apple Cubed Cheddar Cheese Breton Crackers
<b>AFTER SCHOOL SNACK</b>	Fresh Cubed Cantaloupe Wow Butter Unsalted Crackers	Pita Chips Avocado Crema	Unsweetned Applesauce Saltine Crackers Marble Cheese Cubes	Oatmeal Cookie Fresh Cubed Honeydew	Bell Peppers Ranch Melba Toast



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<b>LUNCH DESSERT/ SNACK</b>	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Vanilla Ice Cream
<b>AFTERNOON SNACK (BG - GR. 3)</b>	Mandarin Oranges Cheddar Cheese Snack Veggie Straws	Sliced Fresh Cucumbers White Pita Tzatziki	Vanilla Greek Yogurt and Mixed Berry Smoothie Sliced Apples	Fresh Apple Made Good	Marble Cheese Cubes Ritz Crackers Fresh Orange
<b>AFTERNOON SNACK (GR. 4 - 5)</b>	Fresh Apple White Cheddar Popcorn	Fresh Apple Yogurt Tube Arrowroot Cookies	Fresh Apple Cheddar Crispy Minis	Fresh Apple Made Good	Fresh Apple Bear Paw Cookies
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<b>LUNCH DESSERT/ SNACK</b>	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Ice Cream Sandwich
<b>AFTERNOON SNACK (BG - GR. 3)</b>	Green Bell Pepper Slices Southwest Dip Ritz Crackers	Cucumber Slices Pita Tzatziki	Bagel Cream Cheese Apple Slices	Mixed Berries and Yogurt Smoothie Honeydew Arrowroot Cookie	Cheerios 2% Milk Orange slices
<b>AFTERNOON SNACK (GR. 4 - 5)</b>	Fresh Apple Chocolate Banana Granola Bar	Fresh Apple White Cheddar Popcorn	Fresh Apple Apple Cinnamon Nutrigrain Bar	Fresh Apple Goldfish Crackers	Fresh Apple Cubed Cheddar Cheese Breton Crackers
<b>AFTER SCHOOL SNACK</b>	Fresh Cubed Cantaloupe Wow Butter Unsalted Crackers	Pita Chips Avocado Crema	Unsweetned Applesauce Saltine Crackers Marble Cheese Cubes	Oatmeal Cookie Fresh Cubed Honeydew	Bell Peppers Ranch Melba Toast



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