

Spring Menu 2026

June - Week 1 - Lower School

	MONDAY 06/01/2026	TUESDAY 06/02/2026	WEDNESDAY 06/03/2026	THURSDAY 06/04/2026	FRIDAY 06/05/2026
ENTRÉE	Showtime Fajita Station Salsa Fresca Cumin Lime Sour Cream Shredded Cheddar Cheese Sauteed Onions, Peppers and Mushrooms Flour Tortilla Wrap Mexican Rice Pilaf	Hamburger Baked Golden French Fries Coleslaw Brown Gravy	Tortellini with Spring Vegetables Herbed Tomato Sauce Alfredo Sauce Sautéed Broccoli Cheesy Garlic Bread	Lemon Hoisin Chicken Cantonese Inspired Noodles Roasted Cauliflower	Hake Fish Cakes Remoulade Sauce Herb and Lemon Couscous Steamed Vegetable Medley
INTERNATIONAL ENTRÉE	Perogy Station Cumin Lime Sour Cream Sauteed Onions, Peppers and Mushrooms	Turkey Schnitzel with Apple Chutney Chili Spiced Corn	Cauliflower Lentil Stew Rice Pilaf	Mongolian Beef Stir-Fry Steamed Vegetable Medley Cantonese Inspired Noodles	Yellow Split Pea and Pepper Dal Curry Cumin Scented Basmati Rice
VEGETARIAN ENTRÉE	Eggplant Creole Roasted Corn and Peppers Creole Rice	Tandoori Paneer Cilantro Lime Rice Charred Corn	Veggie Lasagna Herbed Tomato Sauce Cheesy Flat Bread	Black Bean and Sweet Potato Enchiladas Cauliflower Rice	Teriyaki Tofu Steamed Vegetable Medley Cumin Scented Basmati Rice



Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables

Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads

Spring Menu 2026

June - Week 2 - Lower School

	MONDAY 06/08/2026	TUESDAY 06/09/2026	WEDNESDAY 06/10/2026	THURSDAY 06/11/2026	FRIDAY 06/12/2026
ENTRÉE	Turkey Chili Yellow Triangle Corn Tortilla Chips Sour Cream Shredded Cheddar Cheese Steamed Cauliflower	Halal Chicken Nuggets and Plum Sauce Herb Roasted Garlic Potato Wedges Fresh Steamed Carrots	Korean Inspired BBQ Chicken Japchae Side Dish Steamed Vegetable Medley	Texas Meatloaf with Bold Onion Sauce Smashed Potatoes Sauteed Corn Mexican Style	Crispy Panko Breaded Basa Filet Barley Pilaf Mushroom Medley Tartar Sauce
INTERNATIONAL ENTRÉE	Ma Po Tofu Fluffy Rice	Pollo Asado (Cuban Roasted Chicken) Fresh Steamed Carrots	Tangsuyuk (Pork Tenderloin) Caribbean Inspired Peas and Rice	Butter Chicken Yellow Basmati Rice Fresh Steamed Carrots	Filipino Pork Menudo Garlic Rice Fresh Green Beans
VEGETARIAN ENTRÉE	Vegan Chili Double Cornbread	Sweet and Sour Meatless Meatballs Homestyle Diced Fries	Three Cheese Manicotti Steamed Vegetable Medley	Vegan Cauliflower Ribs with Texas Style BBQ Sauce Smashed Potatoes Asparagus and Roasted Red Peppers	Texas Toast Thrilled Grilled Cheese Fresh Green Beans



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Spring Menu 2026

June - Week 3 - Lower School

	MONDAY 06/15/2026	TUESDAY 06/16/2026	WEDNESDAY 06/17/2026	THURSDAY 06/18/2026	FRIDAY 06/19/2026
ENTRÉE	Lemon and Oregano Roast Chicken Classic Alfredo Mac and Cheese Fresh Steamed Carrots	WW French Toast Pancakes with Syrup Blueberry Compote Turkey Breakfast Sausage O'Brien Potatoes	Fettuccine Beef Meatballs Garlic Bread Garlic Broccoli and Bell Pepper Herbed Tomato Sauce	Jerk Roasted Chicken Wings Pineapple Salsa German Inspired Chicken Schnitzel	Lebanese Inspired Grilled Chicken Steamed Vegetable Medley
INTERNATIONAL ENTRÉE	Greek Beef Pastitsio Roasted Roma Vegetables	Perogy Station Sliced Chorizo Sausage	Mongolian Inspired Beef Vegetable Spring Rolls Thai Noodle Salad	Asian Rice Bowl with Pork Vegetable Spring Rolls	Californian Pizza
VEGETARIAN ENTRÉE	Sweet and Sour Tofu Rice Pilaf Fresh Steamed Carrots	Shakshuka with Chickpeas Garlic Rice Steamed Vegetable Medley	Plant Based Chicken Tenders Fettuccine Herbed Tomato Sauce Garlic Broccoli and Bell Pepper	Chana Masala Empanada Ginger Broccoli	Japanese Tofu Tonkatsu Garlic Rice Steamed Vegetable Medley



Daily Salad Bar: Variety of Lettuce, Fresh Vegetables, Cheese, Hardboiled Eggs, Legumes, Plant Based Protein, Sliced Fruits, Compound Salads and Root Vegetables

Daily Deli Station: Selection of Whole Grain Breads, Flour Tortillas, Assorted Deli Meats, Sliced Cheese, Fresh Vegetables and House Made Dips and Spreads



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MORNING SNACK	Sliced Apples Cream Cheese Apple Breakfast Flat	Fresh Berries Vanilla Greek Yogurt Plain Granola	Fresh Cantaloupe Cheerios 2% Milk	Fresh Watermelon Carrot Muffins Cream Cheese	Sliced Apples Hard Boiled Egg Whole Wheat Roll
LUNCH DESSERT/ SNACK	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Vanilla Ice Cream
AFTERNOON SNACK (BG - GR. 3)	Mandarin Oranges Cheddar Cheese Triscuit Crackers	Sliced Fresh Cucumbers White Pita Tzatziki	Vanilla Greek Yogurt and Mixed Berry Smoothie Sliced Apples	Fresh Apple Made Good	Marble Cheese Cubes Ritz Crackers Fresh Orange
AFTERNOON SNACK (GR. 4 - 5)	Fresh Apple White Cheddar Popcorn	Fresh Apple Yogurt Tube Arrowroot Cookies	Fresh Apple Veggie Straws	Fresh Apple Made Good	Fresh Apple Bear Paw Cookies
AFTER SCHOOL SNACK	Fresh Cubed Honeydew WOW Butter Graham Wafer	Pita Chips Caramelized Onion Dip	Applesauce Saltine Crackers Cubed Marble Cheese	White Pita Chickpea Hummus Sliced Fresh Cucumbers	WOW Butter and Jam on Multigrain Fresh Cubed Honeydew



***ALL CLASSROOMS WILL BE SUPPLIED DAILY WITH AN ASSORTED WHOLE FRUIT BOWL

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MORNING SNACK	Apple Slices 2% Milk Cheerios	Cantaloupe Cream Cheese Rice Cake	Fresh Banana Blueberry Muffins Vanilla Greek Yogurt	Fresh Berries Whole Wheat English Muffin Cheddar Cheese Slices	Sliced Apples Apple Cinnamon Muffins Cubed Cheddar Cheese
LUNCH DESSERT/ SNACK	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Ice Cream Sandwich
AFTERNOON SNACK (BG - GR. 3)	Green Bell Pepper Slices Southwest Dip Triscuit Crackers	Cucumber Slices Pita Tzatziki	Bagel Cream Cheese Apple Slices	Mixed Berries and Yogurt Smoothie Honeydew Arrowroot Cookie	Cheerios 2% Milk Orange slices
AFTERNOON SNACK (GR. 4 - 5)	Fresh Apple Chocolate Banana Granola Bar	Fresh Apple White Cheddar Popcorn	Fresh Apple Apple Cinnamon Nutrigrain Bar	Fresh Apple Veggie Straws	Fresh Apple Cubed Cheddar Cheese Breton Crackers
AFTER SCHOOL SNACK	Fresh Cubed Cantaloupe Wow Butter Unsalted Crackers	Pita Chips Avocado Crema	Unsweetned Applesauce Saltine Crackers Marble Cheese Cubes	Oatmeal Cookie Fresh Cubed Honeydew	Bell Peppers Ranch Melba Toast



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MORNING SNACK	Sliced Apples Cream Cheese Apple Breakfast Flat	Fresh Berries Vanilla Greek Yogurt Chex Cereal	Fresh Cantaloupe Cheerios 2% Milk	Fresh Watermelon Carrot Muffins Cream Cheese	Sliced Apples Hard Boiled Egg Baked Mini Croissant
LUNCH DESSERT/ SNACK	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits Vanilla Ice Cream
AFTERNOON SNACK (BG - GR. 3)	Mandarin Oranges Cheddar Cheese Triscuit Crackers	Sliced Fresh Cucumbers White Pita Tzatziki	Strawberry Banana Smoothie Sliced Apples	Fresh Apple Strawberry Oatmeal Cups	Marble Cheese Cubes Ritz Crackers Fresh Orange
AFTERNOON SNACK (GR. 4 - 5)	Fresh Apple White Cheddar Popcorn	Fresh Apple Yogurt Tube Arrowroot Cookies	Fresh Apple Veggie Straws	Fresh Apple Wild Berry Yogurt Parfait	Fresh Apple Bear Paw Cookies
AFTER SCHOOL SNACK	Fresh Cubed Honeydew WOW Butter Graham Wafer	Pita Chips Caramelized Onion Sour Cream Dip	Applesauce Saltine Crackers Cubed Marble Cheese	White Pita Chickpea Hummus Sliced Fresh Cucumbers	Whole Wheat Bagel Strawberry Cream Cheese Fresh Cubed Honeydew



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